



## Mental Health Support Teams in Schools Broxbourne

### MANAGING YOUR CHILDS ANXIETY - PARENT PROGRAMME

This 5-week programme is designed for parents of children aged 4 – 11 whose child is experiencing symptoms of Anxiety. There are 5 sessions in total taking place at Dewhurst St Marys Primary School, Cheshunt. You will be required to attend each session to experience the full benefit of the intervention.

Sessions will take place at **10am – 11am** on the following dates: **Monday 15<sup>th</sup> May, 22<sup>nd</sup> May, 5<sup>th</sup> June, 12<sup>th</sup> June, 19<sup>th</sup> June 2023.**

To register your interest and request an application form go to <https://www.eventbrite.co.uk/e/parent-led-child-anxiety-group-tickets-535973038787>

**Contact: Amy Dunne**

Mental Health Support Teams in schools

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