

S P O R T R O U T E S

S U B J E C T P A T H W A Y S

# C A R E E R S

Careers related to PE/sport often need other subjects too so always check entry requirements. Here’s a selection:

Bookmaker Coastguard Events manager

Exercise physiologist Fitness centre manager Fitness instructor

Grounds person/greenkeeper Health promotion officer Holiday centre worker

Jockey

Leisure centre assistant Leisure/recreation manager Lifeguard Nutritionist Osteopath Outdoor activities instructor Outdoor education manager PT instructor – armed forces Personal trainer

Playworker Racehorse trainer

Riding instructor Sports Administrator Sports agent

Sports coach

Sports commentator Sports development officer Sports engineer

Sports equipment designer Sports journalist

Sports performance analyst Sports Physiotherapist Sports professional

Sports psychologist Sports scientist Sports shop manager Sports Therapist Sportswear Designer Stablehand

Teacher / lecturer

Theme park manager/worker Youth hostel manager

# S K I L L S

Studying Sport / P.E can also help you develop wider skills such as:

Communication Customer Service Data analysis

Health and safety awareness IT

Leadership / motivational Organizing

Practical / using equipment

Presentation

Physical/mental stamina Problem-solving Research

Resilience Team working

Time management Using numbers

These skills are needed for a range of jobs with varied requirements and entry routes. Bear in mind that you may need other subjects too, particularly English, math’s and, in some cases, sciences. Here are some examples:

Agricultural inspector Air cabin crew Ambulance Paramedic Civil engineer

Conference centre manager Courier

Customer services assistant Dog trainer

Environmental health officer Facilities manager/worker Farm manager

Firefighter Fundraiser Gardener

General practice surveyor Health and safety adviser Hotel manager

Hotel porter

Journalist Nursery nurse

Occupational therapist Plumber

Podiatrist Police Officer Postal worker

RSPCA inspector

Rail track maintenance worker Receptionist

Retail manager Security Officer Tour guide

Tourist information assistant Town planner

Veterinary surgeon Volunteer organizer

Youth/community worker

D I D Y O U K N O W ?

At the Beijing Olympics in 2008, 98% of swimming medals were won by competitors wearing the same type of performance enhancing swimsuit, developed by scientists in a high technology fabric. The suit was later banned by the International Swimming Federation.

# R O U T E S

Routes into these careers include full-time study, higher education and apprenticeships. Higher and degree apprenticeships, that involve working while you study for higher education qualifications, are being developed in some work sectors,

e.g. health, engineering, construction/quantity surveying and facilities management.

Many breakthroughs in sport owe much to science and technology. Improvements in areas such as diet and equipment have helped to raise performance. Careers in sports science or technology often require advanced math’s, sciences and engineering skills, sometimes at a higher education level.

For advice about professional sport, contact the national governing body (NGB) concerned. Details are available from Sport England. Sport and fitness coaches are often self-employed. Volunteering can help you get started.

F I N D O U T M O R E

For more job ideas, visit [nationalcareersservice.direct.gov.uk/youngpeople](https://nationalcareers.service.gov.uk/) then follow links to ‘Aged 13-19’ and ‘Do something you’re good at’.

If you’re thinking about higher education, visit: [www.prospects.ac.uk](http://www.prospects.ac.uk/) to see what art and design graduates have done after their degree.

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School independent Career advisors

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**Other websites** [ucasprogress.com](http://www.ucasprogress.com/) [ucas.com](https://www.ucas.com/) [sportengland.org](https://www.sportengland.org/) [skillsactive.com](http://skillsactive.com/) [engineeringsport.co.uk](https://engineeringsport.co.uk/)