

F O O D & N U T R I T I O N R O U T E S

S U B J E C T P A T H W A Y S

# C A R E E R S

Careers related to this subject have a range of entry and training routes. You may need other subjects too so check the requirements for each career.

Accommodation manager Baker

Barista Barperson Brewer Butcher Butler

Cake decorator Catering manager Chef

Commis chef

Conference centre manager Dietitian

Environmental health officer Events manager

Fast food manager Fitness instructor Flight attendant

Food and drink writer Food hygiene inspector

Food processing worker Food scientist/technologist Health promotion officer

Hospital domestic services manager Hotel manager

Hotel Porter

Hotel room attendant Housekeeper

Kitchen porter Nutritionist Personal trainer

Pub manager/licensee Public health manager Restaurant manager School meals supervisor Street food trader Teacher/lecturer Toxicologist

Waiter/waitress Wine merchant

# S K I L L S

Studying Food Preparation and Nutrition can help you develop wider skills such as:

Attention to detail Budgeting Business awareness Communication

Cooking and food preparation Creativity

Cultural awareness

Health and safety awareness IT

Planning

Presentation Problem-solving Report writing Research

Teamwork

Time management Using equipment Using numbers Working independently

Working under pressure

These skills are needed for many jobs at different levels and with a range of entry routes, including apprenticeships and higher education. Here’s a selection:

Accountant Accounting technician Beauty therapist

Care assistant

Care home manager Customer service assistant Customer service manager Dental hygienist

Dental therapist Facilities manager Florist

Hairdresser Health visitor

Healthcare assistant Hotel receptionist

Human resources officer Journalist

Logistics manager

Marketing manager / assistant Nurse / midwife

Occupational therapist Production manager Purchasing manager Quality technician Retail buyer

Retail manager Sales assistant Store demonstrator Tour guide

D I D Y O U K N O W ?

Mary Berry, the TV presenter, food writer and former Great British Bake off judge, studied

catering and institutional management at college and later trained in Paris. Her first job was for the electricity board, showing customers how to use their new electric ovens! She worked for many years on magasines, TV and radio shows before becoming a household name.

# R O U T E S

There are careers related to food preparation and nutrition in several work sectors, such as catering and hospitality, manufacturing, food science, health, education,

journalism and more.

Routes into these careers include further education, apprenticeships and higher education. Always check entry requirements as you may need other subjects too, particularly English, maths and sciences.

Higher and degree apprenticeships are being developed in sectors such as hospitality management and food technology. They involve working while you study for higher education qualifications.

F I N D O U T M O R E

For more job ideas, visit [nationalcareersservice.direct.gov.uk/youngpeople](https://nationalcareers.service.gov.uk/) then follow links to ‘Aged 13-19’ and ‘Do something you’re good at’.

If you’re thinking about higher education, visit: [www.prospects.ac.uk](http://www.prospects.ac.uk/) to see what art and design graduates have done after their degree.

Hailey Hall Careers lead

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School independent Career advisors

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Laura Todd ( Essex students )[-Laura.Todd@essex.gov.uk](mailto:-Laura.Todd@essex.gov.uk)

**Other websites** [ccskills.org.uk](https://www.ccskills.org.uk/) [creativeskillset.org](https://www.screenskills.com/) [.org.uk](https://www.sheffieldfutures.org.uk/) [ucasprogress.com](http://www.ucasprogress.com/) [ucas.com](https://www.ucas.com/)

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